

## SIGN-UP NOW & JOIN YOUR SCHOOLS TEAM FREE ELEMENTARY TRACK PROGRAM!!!

Program is free to all GRPS elementary students (Boys and Girls) in Grades 2-5. Students in grades K-1 can participate in Mileage/Running Club but will not compete at Houseman Field. Registration forms are due back to the elementary buildings by May 1<sup>st</sup>. Admission to the all elementary games will be free for all spectators. No shirts can be guaranteed after the order deadline.

## **REQUIREMENTS:**

- Good and appropriate school performance and conduct.
- Dress appropriately
- Tennis/Running shoes



## Mileage/Running Clubs:

Mileage Clubs should be started either the week of April 24 or May 1. Relay batons and a shot put will be provided to each school. Teachers can also discuss how reaching goals takes determination, dedication and discipline and how this relates to their academic achievement. Event instruction can be given during PE classes, mileage clubs or practice time.

**MEET DATES:** All meets will begin at 5:15 p.m. (Age groups are 2nd-3rd grade and 4th-5th grade) – kids can participate in one field event and two running events

**Group 1 Meet dates:** May 16, May 23, May 30 and June 6 **Group 2 Meet Dates:** May 17, May 25, May 31 and June 7

**Events**: Standing LJ (2-5), Shot Put (4-5), Softball throw (2-3), 100m (2-5),

800m (2-5), 4 x 100m relay (2-5 coed), 200m (2-5)

**LOCATION:** Julius Houseman Field

150 Houseman Ave. Grand Rapids, MI 49503

**CONTACT:** Please contact your elementary

building for any questions

**REGISTRATION:** Sign-up at your school.

Registration forms are due back to the elementary buildings by **May** 

**1**<sup>st</sup>.

