THE FROST FRONTIER

March 30, 2017

Fri-Sun, Mar 31-April 9	NO SCHOOL - SPRING BREAK
Tues, Apr 11	Allison Smart, Environmental Speaker: K-5
Tues, Apr 11	PSAT: 10th Grade
Tues, Apr 11: 4:15	Green Team Meeting in Ms Bowman's Room
Wed, Apr 12	PSAT: 9th Grade
Thurs, Apr 13	9th & 10th to MI Career Quest
Thurs, Apr 13: 6-7 PM	5th Grade Camp Parent Meeting & Dinner
Thurs, Apr 13: 4 PM	Middle/High PTA Meeting
Thurs, Apr 13: 7:00 PM	Elementary PTA Meeting
Fri, Apr 14	Middle/High Walk-A-Thon Money Due
Fri, Apr 14	Eva, Pocklington, Gregory to GR Public Museum
Tues & Wed, Apr 18 & 19	7th/8th Grade Stewardship
Thurs, Apr 20: 3:00 PM	Joe Riley Concert: K-5
Fri, Apr 21	Walk-A-Thon: Both Buildings - Help Needed
Fri, Apr 21: 6-8 PM	Frost Hub in Media Center: $5, Grades 8-10
Sat, Apr 22	Earth Day
Sat, Apr 22: 11 AM-2 PM	Adopt-A-Highway: Ages 12 & Up
Tues-Wed, April 25-26	9th & 10th Grades Makeup PSAT
Thurs, Apr 27: 5:30-7:30	Water Night at M/H building: All Welcome!
Fri, Apr 28	Frostwear/Popcorn/Parent Friday/PBiS: K-5
Fri, Apr 28	Talent Show Auditions: Grades 6-10
Sat, Apr 29	7th/8th Choir to Solo & Ensemble
Sat, Apr 29: 10 AM-3 PM	Dig It Day at Elementary Building
Mon, May 1	Festival of Cultures
Mon, May 1: 6-8:30	Grandville Brann's Fundraiser & Tarry Hall
Wed-Fri, May 3-5	6th Grade Camp
Thurs-Fri, May 4-5	4th Grade Camp
Fri, May 5	5th Grade to Rogue River

Quick Notes

- Thank you for bringing your used paper to the Paper Gator at the Elementary building! Your efforts have raised $40 so far this year!
- The 2016-17 Parent/Guardian Survey window is now open. Survey responses will be collected from now until May 1, 2017.

The English & Spanish versions are available online at the following links.

- English: https://www.surveymonkey.com/r/Title1_ParSurv_English
- Spanish: https://www.surveymonkey.com/r/Title1_parsurv_Spanish

The survey is also available in paper copy in the following languages:

- English & Spanish Parent Survey 2016-17 w Spanish_1.docx
- English & Kinyarwanda Parent Survey 2016-17 w Kinyarwanda.docx
- Swahili Parent Survey 2016-17 w Swahili_1.docx .

Please take a moment to complete the survey and let the district know how CA Frost is doing.

As always, thank you for your help and participation in making our school great!

CA Frost Environmental Science Academy - Greg Ramey, Principal grps.org/cafrost

Elementary Building
1460 Laughlin NW
Grand Rapids, MI 49504
(616) 819-2550
FAX (616) 819-2184
Loraine Phillips,
Assistant Principal

Middle / High Building
1417 Covell Ave NW
Grand Rapids, MI 49504
(616) 819-5900
FAX (616) 819-5902
Ryan Huppert
Assistant Principal

News For All Frosties

Dig It Day: April 29, 10 AM - 3 PM

Please join us at the Elementary building to help plant the wildlife corridor! We will be there the whole time so come when you can and stay as long as you like.

During that time we will also be…

-Participating in a metal recycling fundraiser with Padnos. Bring in anything that's mostly metal (appliances big and small, yes; bedsprings, no; liquid metal like mercury, no; grills, yes)
-Recycling car seats with Safe Kids
-Recycling small electronics (Kindles, phones, etc)
-Recycling printer toner

If you have questions on what you can and cannot bring, please email Mandy Redman at cafrostgreenteam@gmail.com

After-School Snack Donations Needed

Help students stay focused throughout their long school day with a healthy treat.

Donations may be dropped off any time during office hours at the Middle/High School building (7:15 a.m. – 3:45 p.m.), or you may send the donations to school with your student.

Suggested items: granola bars, fresh fruit, snack crackers, raisins, etc.

New/Gently-Used Camping Equipment Needed

Our Middle/High Building is looking for donations of new or gently-used sleeping bags, tents, and back packing tents to be used for upcoming camping trips. We need a total of 60 sleeping bags.

If you are able to help, please drop them off at the Middle/High Building any weekday between 7:15 AM and 3:45 PM. Thank you!

Frost Spirit Wear Orders

CA Frost Gear is available to order online. Any orders placed by the end of this month will be delivered the middle of April. View all the product selections here: cafrostgear.com/home/

Deadlines approaching to register to vote.

Get in your request for an Absentee Ballot.

The "Strong Schools, Strong Communities" proposal will be decided in the May 2, 2017 election. If approved, the proposal will provide critical funding to support high-quality classroom instruction and essential programs to help students reach their full potential.

To vote in the May 2, 2017 election, you must register by Monday April 3, 2017. Please go to http://www.michigan.gov/documents/MIVoterRegistration_97046_7.pdf for a voter registration form.

If you are eligible, use of an absent voter ballot is strongly encouraged. You can apply for an absentee ballot at https://www.accesskent.com/Departments/Elections/pdfs/Absentee_Ballot.pdf.

What's for Lunch? grps.org/menus

When A Student Should Stay At Home

The policy states a student should stay home or will be sent home if he/she has the following symptoms:

- **FEVER** of 101 degrees F (or higher) - *must stay out 24 hours after fever resolves WITHOUT fever -reducing medication*
- **HACKING COUGH** or cough that disturbs normal activity; or cough/sore throat that lasts more than a couple days
- Yellow or green **NASAL SECRETIONS**
- **VOMITING** or **DIARRHEA** - *must stay out 24 hours after vomiting/diarrhea resolves WITHOUT medication*
- Eyes that are red, swollen, or itchy; or have drainage
- A **RASH**, until your doctor says it is safe to send your child back to school
- An **EARACHE** accompanied by unusual drainage (consult your health care provider)
- **TIREDNESS** or **HEADACHE** that prevents normal play
- **WHEEZING** when taking a breath

*****If you call the school because your child is ill, please let us know what they are ill with.*** We have to report all communicable diseases to the Kent County Health Department, so it's helpful to know why our kids are missing school.

Elementary Building

Upcoming PTA Elections

The PTA Nominating Committee is looking for a few good folks to lead our PTA for the 2017-2018 school year.

Those applying for consideration need to complete and submit an application to the PTA via email or drop off at the school by Friday April 28th at 5pm. Applications and a letter are coming home with your student this week.

All candidates will be reviewed and interviewed by the Nominating Committee. They will present a slate of nominees to the PTA members for voting on May 18.

The offices that are open are President, Vice President, Secretary and Treasurer.

For details please contact Jana Kuiper at j3kuiper@gmail.com. Detailed job descriptions can be provided as needed as well.

PTA®

*every*child. *one* voice.®

Carnival & Used Book Sale: May 19

We are getting excited for our annual carnival, which will now be in the spring - here's hoping for great weather! This year, we will also be holding a used book sale to benefit the school library. If you have any used books to donate for the sale, please bring them into the school. We will have boxes for picture books, chapter books, and adult books. Thank you!

Earth Day/Walk-A-Thon Help Needed Throughout the Day on April 21

All students will cycle through activity stations and will also be walking one mile. We will need help before and during the event on April 21.

There will be some at-home work that can be done if you're not able to be at the school. Please email Mandy Redman to let her know if you can help.

Elementary PTA Meeting

Thursday, April 13 @ 7:00 PM

Join us for a great evening and learn what's going on at school. We have so much to look forward to this spring and would love for you to take this chance to get involved.

We'll be in the Library and the meeting will only last one hour. All are welcome and childcare is provided.

Carnival Help

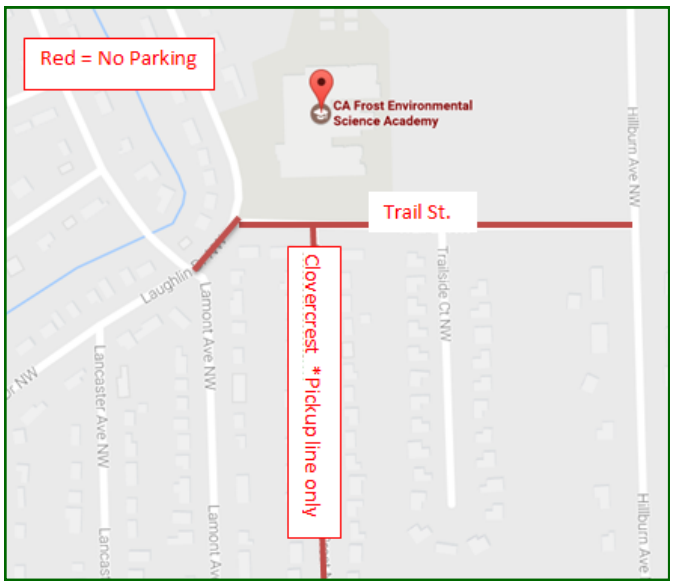
Quanette Brown has offered to run our great school carnival in May. She has some really neat ideas and could use a few more people to help flesh them out. Please let her know that you're interested! quanetteb@gmail.com

Sunshine Club Request

We have a family in our community that is currently living in a hotel due to a fire that left their house uninhabitable.

They would appreciate whatever help you can give. Uniforms for a boy in size 10-12 are needed. Gift cards for Meijer or Walmart would be a great help so they can buy food and other needs.

Please drop your donations off to Ms Eddie in the office at the Elementary building or send a sealed envelope addressed to Ms Eddie to school with your child. Thank you for spreading your sunshine to another!



Middle/High Building

Talent Show Auditions: April 28

Does your student have a fun talent they'd like to share with the school? Then let them know to start practicing their skill because we want to see it! Sign up in the office by Wed, April 26.

Want to help plan the most entertaining event of the year? Let Michelle Jespersen know!

Walk & Wheel A Thon: Friday, April 21

This year, the middle/high students will be walking or wheeling to Richmond Park for the Walk & Wheel A Thon!

Every student who raises $25 by April 14 gets to head to the park for some fun and a delicious lunch.

They can walk or ride their bike, scooter, skateboard, pogo stick, etc to the park and back again. There and back is a 5K.

Money raised will help buy much-needed camping equipment.

We will need parents to help get the kids to and from the park safely and keep an eye on them while they're there. We can also use a few more people to help plan the day.

If you're able to help out in any way, please email Sarah at sarahspach@ymail.com

Adopt-A-Highway: Earth Day April 22: 11 AM - 2 PM

Our next pick up day will be on Earth Day! Please click here for more information and to sign up for a time slot. Students must be 12 or older.

Facebook Group for M/H Families!

Frost MS/HS Parents—Informal (Closed Facebook Group): https://www.facebook.com/groups/1756586097925708/

New Facebook Page for M/H Building

Like the official school page for our building to stay up-to-date on what's happening! C.A. Frost Environmental Science Middle/High School

Earth Week T-Shirts On Sale Now

T-Shirts are on sale now for $15 through Mr. Syrek's class. There are four different designs available and we will wear them during Earth Week.

The designs will be white on green shirts. Order forms will be in the M/H office if you'd like to place an order.

These t-shirts will have the school's information on the back and may be worn as a uniform shirt at the Middle/High building.

Only if we understood… Cared enough to help… A plan to save and grow...

Your Actions Can Make A Difference!

Make an effort
Make it a habit

Coffee Cart Donations: Brownie Makers Needed!

If you like to bake anything, we'd love your donations! We have a HUGE demand for brownies and always run out. If you are willing to making some, that would be great!

We have boxes of brownie mix on the shelf in the PTA room. Just let Alicia Barnaby know you're helping out so she knows to replace the boxes.

Bring any donations to the PTA room in the middle/high building on Friday mornings. We'll even take care of cutting and packaging them for you!

Have something to add to the newsletter? Email it to news4frost@gmail.com!

C.A. Frost Cougars – Athletics News Announcements

Middle School Spring Sports Start April 10

Spring sports will be starting April 10, the week after Spring Break. Practices will be 4:30-6, Monday through Thursday. Students need a physical, signed permission slip and $3 insurance money.

Girls Soccer practices will be held at CA Frost Middle/High School with games on Tuesdays and Thursdays.
Co-ed Track practices will be held at CA Frost Middle/High School with meets on Mondays.
Softball and Baseball practices will be held at Harrison Park with games on Mondays and Wednesdays.

3rd-5th Grade Elementary Jump Jammers

The Elementary jump rope season is upon us. Practices are on Fridays from 4pm - 5:30pm.

The Jump Jam event will be held on April 22 at the DeVos Place.

Please make sure your child is picked up no later than 15 minutes after practice ends. Coaches should not have to stay for long periods of time waiting for a child to be picked up.

With this great opportunity there is a need. Coaches are always needed whether it is a helper or a head coach of a team. If you are interested please contact Mr. Covey at 819-6801.

Dan Covey, PE teacher/ Athletic Director CA Frost | 616-819-6801 | coveyd@grps.org

Elementary PTA Nomination & Application Form

Please fill out and return to the school by 5:00 PM on April 28th.

PTA Nomination & Application Form

Name of Nominee:_____

Position Sought: _____

Please provide names and contact information for three references who can attest to your abilities and background:

Reference #1

Name:_____

Day Phone:_____ Evening Phone:_____

E-mail:_____

Reference #2

Name:_____

Day Phone:_____ Evening Phone:_____

E-mail:_____

Reference #3

Name:_____

Day Phone:_____ Evening Phone:_____

E-mail:_____

Please provide prior workplace or PTA experience applicable to the position sought (position/title, dates, employer/PTA):

Please provide a brief statement about why you wish to volunteer your leadership skills to this PTA?